

COUNTY OF



SAN DIEGO

AGING & INDEPENDENCE SERVICES

The leader in,
Advocacy,
Information &
Safety

Pamela B. Smith
Director

HEALTH AND HUMAN SERVICES AGENCY



Independence

Call Center

Dependence

RSVP
Veterans
Health Promotion
Info & Assistance
Outreach &
Education

Senior
Dining &
Home-
Delivery

Care Mgmt
Adult Day Care
Caregiver

IHSS

APS
Ombudsman
Project Care
Senior Team

Edgemoor

Intergenerational



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AIS Programs

- **Over 30 different programs and services provided by AIS throughout the County of San Diego**
- **Direct services**
- **Contracted services**

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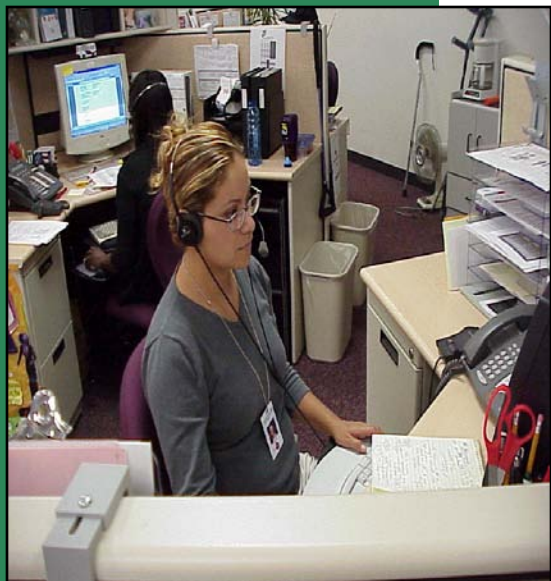


SAN DIEGO

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HEALTH AND HUMAN SERVICES AGENCY

Older & Disabled Persons Needs, Concerns, Problems



Call Center

1-800-510-2020

“No Wrong Door”

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HEALTH AND HUMAN SERVICES AGENCY

Older & Disabled Persons Needs, Concerns, Problems

**Elder Abuse
APS
1-800-510-2020**

**Information &
Assistance
1-800-510-2020**

**Ombudsman
1-800-640-4661**

**ALS Programs
Intake
1-800-510-2020**



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Adult Protective Services

- **Serves for Senior 65+ and Dependent Adults who are harmed or threatened with harm**
- **Investigates Neglect, Abandonment, and Physical, Sexual and Financial and abuse**



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Senior Mental Health Team

- **Assesses and Initiates appropriate actions for persons 60+ year with mental disorders**



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Long-term Care Ombudsman

- **High trained volunteers**
- **Who protect and advocate for residents rights in nursing homes and residential care facilities**
- **Staff Investigates abuse in all licensed facilities**



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Elder Law & Advocacy

- **Simple Legal Services for adults 60 + years for a suggested donation at Senior Centers in SD County**
 - **Wills**
 - **Advance Directives**
 - **Power of Attorney**
 - **Help with responses to Legal Issues**
 - **Review contracts – preferably before they are signed**
 - **Landlord – Tenant Issues**



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Health Insurance Counseling & Advocacy Program (HICAP)

- **Serves Medicare beneficiaries with health plan counseling, advocacy, education, and legal help with Medicare appeals.**



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Veteran Services

- **Help Veterans and their families secure state & federal benefits**
- **Help with paperwork**
- **Services Free**
- **Located downtown San Diego and Vista**
- **May visit the Homebound**
- **(619) 531-4545**



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Edgemoor Hospital

- **Long-term skilled nursing facility**
- **Serves persons who are unable to be served by traditional facilities, because of care intensity or funding**
- **New Facility Located in Santee**



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Project C.A.R.E.

- **In-home safety net programs run by the community (with AIS support)**
- **Components**
 - Daily Calls either in person or automated
 - You Are Not Alone – YANA – Phone & Visitation Program by Local Law Enforcement - Senior Volunteer Patrol
 - Vial of Life (see sample)
 - Postal Alert
 - Minor Home Repairs
 - Safe Return & Medical Alert (Cost involved)



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Health Promotion

- **Health Promotions Committee**
 - Vital Aging Conferences
 - Free Feeling Fit Clubs 60+ years
 - Fall Prevention Task Force
 - Resources
 - Matter of Balance Classes



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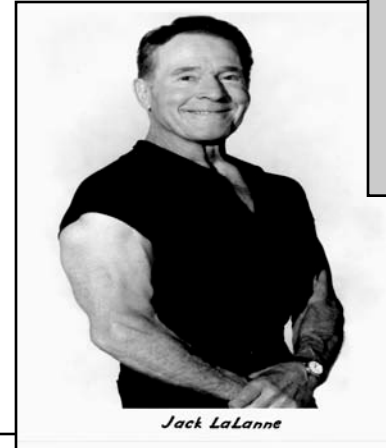
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HEALTH AND HUMAN SERVICES AGENCY

Vital Aging Conferences

2
0
0
1



Jack LaLanne

2
0
0
3



Art Linkletter

Debbie Reynolds



2
0
0
5



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HEALTH AND HUMAN SERVICES AGENCY

Senior Dining Center

- **ALS partially funds over 50 Senior Dining Center in San Diego County**
- **Seniors 60+yr for a suggest donation receive a nutrition hot-meal**
- **Socialization and program activities help lessen isolation**
- **Many Sites provide Senior Commodities, Angel Depot or Golden Share Food Program**



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Home-Delivered Meals

- **Some of the Senior Dining Centers have hot meals home-delivered for suggested donation for Adult 60+yrs**
- **Two frozen meals can be delivered on Fridays**



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MOMeals

- **Delivers on Holidays a hot-meal to homebound elderly**
 - **Mother's Day**
 - **Thanksgiving Day**
 - **Funded by donations from individuals and organizations**



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Multipurpose Senior Services Program (MSSP)

- **Helps those 65+, who are Medi-Cal eligible and at risk of nursing home placement to remain in their homes.**



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Senior Options, Advocacy and Referrals (SOAR)

- **Serves those 60+ years to connect with needed resources and services to remain in their home**
- **Medi-Cal eligibility is not necessary**



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Linkages

- **Serves functional impaired adults 18+ years at risk for nursing home placement and are ineligible for other programs.**
- **Serve areas:**
 - **City of San Diego**
 - **North County**



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In-Home Supportive Services

- **Provides personal care and homemaker assistance to income- and need-eligible aged, blind, and disabled persons who would otherwise be placed in a skilled nursing facility**



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IHSS Public Authority

- **Maintains a registry of available individual care providers**
 - **Background checks**
 - **Reference checks**
 - **Caregiver education**



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Retired & Senior Volunteer Program RSVP

- **Matches Volunteers 55+yrs (over 2000 Volunteers) to**
- **Volunteer sites (over 130 locations in San Diego County)**
 - Non-profits
 - Public Agencies
 - Health Organizations
- **Records Hours**
- **Provides Liability Insurance**
- **Provides Volunteer Recognition**



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Intergenerational Programs Coordinator

- **Helps establish & monitor of County of San Diego IG Programs**
- **Helps San Diego communities develop and start new programs**
- **IG Programs Directory**



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HEALTH AND HUMAN SERVICES AGENCY

Legacy Corps

- Unique Respite program
ties four important target
populations together:

- At Risk Youth
- Senior Mentors
- Caregivers
- Care Recipients



RESPITE HOURS

❖ **5893** since start-up

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San Pasqual Academy

... supporting foster youth ...

Seniors nurture and provide support for Foster kids



“care about these kids”



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WAY Program

Workforce Academy of Youth

A program that provides County of San Diego work experience to foster youth as they transition out of the system.

- **LIFE Coaches act as senior mentors to help the transition and assist with:**
 - Transitional housing
 - Life skills development
 - Identify educational opportunities

- **JOB Coaches assist with:**
 - Employment skills
 - Professional development
 - Esteem building



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Intergenerational Games

In Partnership with:



- **Olympic Training Ctr.**
- **Local school districts**
- **Local municipalities**



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Employment Training

- **Seniors 55+yrs with limited income**
- **Assistance with**
 - **New skills – Computer**
 - **Placements**
 - **On-the-job Training**



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Oasis – Older Adult Service and Information System

- **Older Adult Education**
- **Trains seniors 55+ to be tutors in local schools**
- **Other non-funded AIS older adult programs at High Schools & Community Colleges Regionally**



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ALS Helps Funds

- **Adult Day Care – Non-medical services 60+yrs**
- **Alzheimer's Day Care Resource Centers**



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Family Caregiver Coordinator

- **Coordinates and monitors services & contracts providing:**
 - **Supports for Family Caregivers who are caregiving for someone 60+yrs - Southern Caregiver Resource Center**
 - Education
 - Support Group
 - Short-term Care Planning
 - Emergency Respite Care
 - **Grandparents or other related caregiver (55 yrs+) who cares for grandchildren or relative children**
 - **Coordinates Caregiver Coalition**
 - **Caregiver Workshops**
 - **Provides Project CARE Support Systems**



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Outreach & Education Team

- **Two Regional Outreach & Education Staff – Represent AIS in the Community**
- **Conduct trainings:**
 - **Mandated Reporters of Elder and/or Dependent Adult Abuse**
 - **Elder Abuse Prevention**
 - **Good Mental Health is Ageless**



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Community Action Networks

**Regionally
O&E
Coordinates
Community
Action
Networks
CANs**



ECAN, SoCAN, SanDiCAN, NorCAN



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Community Action Networks

- **CANs advocate and take action to help Older Adults & Adults with Disabilities in their Regional Communities**
 - **Write letters of support for new programs or legislation**
 - **Advocate at Public Hearings**
 - **Support New Programs**
 - **Help Fund Raise and Provide Volunteers for Regional Events:**
 - **Meet the Pharmacists**
 - **IG Games**
 - **Other Community Events**